



Showing Self-Control

1 John 2:15-17

Pastor Russ Weber

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Egkrateia – self-control; temperance

“The virtue of one who masters his desires and passions”

4 Times in the Bible. proceeds out from within - from God the Holy Spirit, does not originate from us.

SELF CONTROL



LEVEL: EXPERT



2 Peter 1:3-8

³ His divine power has given us everything required for life and godliness through the knowledge of Him who called us by His own glory and goodness. ⁴ By these He has given us very great and precious promises, so that through them you may share in the divine nature, escaping the corruption that is in the world because of evil desires.



2 Peter 1:3-8

⁵ For this very reason, make every effort to supplement your faith with goodness, goodness with knowledge,
⁶ knowledge with self-control, self-control with endurance, endurance with godliness,

2 Peter 1:3-8



⁷ godliness with brotherly affection, and brotherly affection with love. ⁸ For if these qualities are yours and are increasing, they will keep you from being useless or unfruitful in the knowledge of our Lord Jesus Christ.



I. Satan tempts people the same way today as he always has.

Genesis 3:1-7

Now the serpent was the most cunning of all the wild animals that the Lord God had made. He said to the woman, “Did God really say, ‘You can’t eat from any tree in the garden’?”



The woman said to the serpent, “We may eat the fruit from the trees in the garden. ³ But about the fruit of the tree in the middle of the garden, God said, ‘You must not eat it or touch it, or you will die.’” ⁴ “No! You will not die,” the serpent said to the woman. ⁵ “In fact, God knows that when you eat it your eyes will be opened and you will be like God, knowing good and evil.”



⁶ Then the woman saw that the tree was good for food and delightful to look at, and that it was desirable for obtaining wisdom. So she took some of its fruit and ate it; she also gave some to her husband, who was with her, and he ate it. ⁷ Then the eyes of both of them were opened, and they knew they were naked; so they sewed fig leaves together and made loincloths for themselves.



I. Satan tempts people the same way today as he always has.

1 John 2:15-17

Lust of the flesh – Appetites – wanting what feels good

Lust of the eyes – covetousness – valuing personal gain above all else

Pride in one's lifestyle – power – wanting what makes you more like God



II. Jesus is the ultimate example of self-control.

Matthew 4:1-11

Closing Questions

1. Why is it that you want what you want?
2. What will be the result of getting it?